

Welcome to another exciting season of Newington Swimming!! We're so glad to see so many new swimmers this year and so happy to see all our returning swimmers. We're coming off our best season in the past 10 years so we have a lot of work ahead of us to keep the ball rolling.

The first couple of weeks can be a little overwhelming for some children. It will be crowded, loud and hot. Please tell your kids to stick with it through the first 2 weeks. Families will soon settle into their schedules and the pool will not be so crowded.

If you feel like you're a little in the dark right now all of your questions will soon be answered. In the coming weeks you'll be getting a lot of information in your family folders. Your family folders will be placed outside of the pool door. Please make sure to check your family folders every day.

Coaches will be changing some swimmers' team level during the first couple weeks of practices based on ability level, team level numbers and pool space. If your swimmer(s) is/are changed you will be notified either by phone, email or your swimmer(s) will be told at practice. It is very important that swimmers swim only with their team level.

Please try to talk to coaches **after practice**. Before practice we are very busy getting ready for your kids. Your cooperation is greatly appreciated.

Parents are not allowed on the pool deck at any time for any reason due to insurance reasons. If an unauthorized parent is on deck our insurance is void. Please view practice from the gallery. We thank you in advance for your cooperation.

Our annual NSC mock meets are going to be held at Newington High School on the following dates: 10&under swimmers Tuesday, Oct. 23rd 5:30pm and 11&over swimmers Thursday, Oct. 25th 5:30pm. More info will be available in the coming weeks.

Please check out our team website
www.NewingtonSwimming.com
For updated team information including team newsletters,
photos, practice information, meet information and more
fun stuff.

Coming Soon: More practice information – USS Meet schedule – Coach Bios
Team outings information – Mock Meet information