

**2008-2009  
NSC MEET RESULTS**

On January 10<sup>th</sup> we had our fifth CCWSL dual meet of the season against the West Hartford Waves. What an impressive meet. All of our improvements are very obvious at this point in the season. Everyone should be very proud of their effort! Our team spirit was outstanding. And our sportsmanship was unmatched.

Every meet we have a team goal of 50% personal best time swims.

<b>8&amp;U Girls</b>	<b>7 for 13</b>	<b>54%</b>	<b>8&amp;U Boys</b>	<b>4 for 13</b>	<b>31%</b>
<b>9&amp;10 Girls</b>	<b>7 for 13</b>	<b>54%</b>	<b>9&amp;10 Boys</b>	<b>14 for 20</b>	<b>70%</b>
<b>11&amp;12 Girls</b>	<b>20 for 30</b>	<b>61%</b>	<b>11&amp;12 Boys</b>	<b>13 for 27</b>	<b>48%</b>
<b>13&amp;O Girls</b>	<b>13 for 31</b>	<b>42%</b>	<b>13&amp;O Boys</b>	<b>9 for 20</b>	<b>45%</b>
<b>Total Girls</b>	<b>47 for 90</b>	<b>52%</b>	<b>Total Boys</b>	<b>40 for 80</b>	<b>50%</b>
<b>Team Total</b>			<b>87 for 170 51%</b>		

**Swimmers with 2 for 2 best time swims:** Emily Karanian / Michaela Murray / Olivia LaCasse / Nicole Couture / Kyra Daigle / Olivia Kajda / Mia Christie / Marie Allo / Tommy Wejda / Eli Bitzarakis / Nick Baruffi / Sebastian Kajda / Michael Allo / Adrian Wojtun / Wojtek Kajzer / Michael Schumacher / Kuba Kazmierczak / Ben Schneider / Adam Pietrycha / Steve Falkner / Matt Kulowski

**Swimmers with 2 for 3 best time swims:** Avery Ortega

**Swimmers with :05 or more time drops:** Aniela Zawisza :14 25br / Stephanie Humen :12 100IM / Michaela Murray :09 100IM / Olivia Kajda :07 100IM / Ashley Cassone :10 100IM / Mackenzie Reck :05 50bk / Mia Christie :09 50br / Gabriella Rodriguez :07 100fr / Sebastian Kajda :06 50bk / Kuba Kazmierczak :05 100IM / Anthony Kulowski :08 50bk / Kamil Wiczerzak :28 50br / Adam Pietrycha :05 100fr

**New Team Records:** Marie Allo – 11/12 Girls 50 Fly - 31.15

**Swimmers of the Meet:**

**MICHAELA MURRAY  
STEVE FALKNER  
AVERY ORTEGA  
KUBA KAZMIERCZAK**

**UP NEXT: NSC vs Southington YMCA  
Saturday 1/17/09 at Newington High School**

Meet announcement on the back of this sheet.