

Welcome to another exciting season of Newington Swimming!! We're so happy to see so many future Michael Phelps and Natalie Coughlins join the team this year. We're coming off another great season so we have a lot of work ahead of us to keep the ball rolling.

The first couple of weeks can be a little overwhelming for some children. It will be crowded, loud and hot. Please tell your kids to stick with it through the first 2 weeks. Families will soon settle into their schedules and the pool will not be so crowded.

In the coming weeks you'll be getting a lot of information in your family folders. Your family folders will be placed outside of the pool door. Please make sure to check your family folders every day.

Parents are not allowed on the pool deck at any time for any reason due to insurance reasons. If an unauthorized parent is on deck our insurance is void. Please view practice from the gallery. We thank you in advance for your cooperation.

Please try to talk to coaches *after practice*. Before practice we are very busy getting ready for your kids. Your cooperation is greatly appreciated.

We have dropped the "Tidal Waves" from our team name. We are now called Newington Swim Club. So with that comes the need for a new team logo. So we're having a contest! We'd like to ask the swimmers to come up a new team logo. Please give your submissions to Coach Mark by Friday, October 2nd. Have fun with it!!

Our annual NSC mock meets are going to be held at Newington High School on the following dates: 10&under swimmers Thursday, Oct. 27th 5:30pm and 11&over swimmers Thursday, Oct. 29th 5:30pm. More info will be available in the coming weeks.

Please check out our team website

www.NewingtonSwimming.com

For updated team information including team newsletters, photos, practice information, meet information and more fun stuff.

And finally, a reminder that swimmers who cannot make it to the pool on time for team stretching will not be penalized in any way.

Coming Soon: More practice information – USS Meet schedule – Coach Bios
Team outings information – Mock Meet information – Swim-A-Thon info