

**2009-2010
NSC MEET RESULTS**

On January 23rd we had our fifth CCWSL dual meet of the season against University Aquatic Club. We put on a great performance with many best times, many goals achieved and a lot of new "A" Championship qualifying swims. We simply just look overall better as a team. Now we have a week to prepare for our biggest meet of the season against Enfield!

Every meet we have a team goal of 50% personal best time swims. So far we've earned our goal every meet! Let's keep the streak going.

8&U Girls	13 for 16	81%	8&U Boys	3 for 8	38%
9&10 Girls	6 for 16	38%	9&10 Boys	6 for 9	67%
11&12 Girls	16 for 19	84%	11&12 Boys	18 for 31	58%
13&O Girls	10 for 31	32%	13&O Boys	4 for 9	44%
Total Girls	45 for 82	55%	Total Boys	31 for 57	54%
Team Total			76 for 139	55%	

Swimmers with 2 for 2 best time swims: Amber Rocheleau / Sophia Ferraguto
Marta Mazurek / Nadia Humen / Aniela Zawisza / Robert Nagy / Dani Rocheleau
Bridget Austin / Kailyn Morotto / Olivia Karanian / Veronika Latawiec
Suxian Kuan / Adam Seguro / Mitch Kelleher / Willie Taylor / Nick Baruffi
Dorian Zawisza / Igor Ugrak / Kristen Lundebjerg / Michela Casarotto / Sara Mazur
Swimmers with 2 for 3 best time swims: Isabella Vassello / Anna Saunders
Kamil Wiczerzak / Thomas Miranda

Swimmers with :05 or more time drops: Anna Saunders :10 50fr
Aniela Zawisza :15 100fr / Leah Sanderson :07 100fr / Lauren Ferraguto :05 50bk
AJ DelGiorno :06 50br / Kailyn Morotto :05 50fr / Kyra Daigle :09 100fr
Willie Taylor :09 50fr / Mick Baruffi :09 100fr / Mitch Kelleher :12 50bk
Jessie Colonese :05 100fr / Thomas Miranda :10 100bk

Swimmers of the Meet:
ANNA SAUNDERS
DANI ROCHELEAU
WILLIE TAYLOR
DORIAN ZAWISZA

UP NEXT: NSC vs Enfield Saturday 1/30/10

Look for a meet info sheet in your family folder.