

**2009-2010
NSC MEET RESULTS**

On December 19th we had our third CCWSL dual meet of the season against the West Hartford Waves. We've had some very close meets with West Hartford over the past four years and this meet was no different. Our head/body positions are looking better and we're being more aggressive in our swims overall.

Congratulations on your first victory of the season.

Every meet we have a team goal of 50% personal best time swims.

8&U Girls	9 for 14	64%	8&U Boys	4 for 11	36%
9&10 Girls	10 for 15	67%	9&10 Boys	3 for 13	23%
11&12 Girls	12 for 18	67%	11&12 Boys	21 for 27	78%
13&O Girls	18 for 36	50%	13&O Boys	8 for 9	89%
Total Girls	49 for 83	59%	Total Boys	36 for 60	60%
Team Total			85 for 143	59%	

Swimmers with 2 for 2 best time swims: Isabella Vassallo / Marta Mazurek
Patrick Juvencio / Lindsey Mangiafico / Stephanie Humen / Corinda Sanford
Veronika Latawicz / Suxian Kuan / Bridget Austin / Haley Stites / Adam Seguro
Wojtek Kajzer / Cameron Casarotto / Nick Baruffi / Viet Dau / Anthony Kulowski
Willie Taylor / Maya Kazmierczak / Kristen Lundebjerg / Michela Casarotto
Jessie Colonese / Sara Mazur / Mackenzie Recck

Swimmers with 2 for 3 best time swims: Jonathan Jahn / Thomas Miranda
Swimmers with 3 for 3 best time swims: Bobby Boisvert / Kamil Wiczerzak

Swimmers with :05 or more time drops: Patrick Juvencio :07 25bk
Corinda Sanford :05 50fly / Maksym Ugrak :05 50fr / Connor Recck :05 100IM
Ben Schneider :28 100fr / Wojtek Kajzer :06 50fr / Joseph Montano :15 50bk
Kristen Lundebjerg :05 100fr / Maya Kazmierczak :05 100fr / Sara Mazur :08 100br
Mackenzie Recck :06 100bk / Thomas Miranda :05 100fr & :21 100bk

Swimmers of the Meet:
PATRICK JUVENCIO
LINDSEY MANGIAFICO
NICK BARUFFI
KRISTEN LUNDEBJERG

UP NEXT: NSC vs Manchester Saturday 1/09/10

Look for a meet info sheet in your family folder one week before the meet.