

**2009-2010**  
**NSC MEET RESULTS**

On December 12<sup>th</sup> we had our second CCWSL dual meet of the season against one of the top teams in our league, the Windsor Water Rats Express. We showed a lot of improvement since our first meet. Mainly head/body positions. We've come a long way and we have a long way to go but things are moving in the right direction. Keep up the great work!!

Every meet we have a team goal of 50% personal best time swims.

<b>8&amp;U Girls</b>	<b>4 for 5</b>	<b>80%</b>	<b>8&amp;U Boys</b>	<b>4 for 6</b>	<b>67%</b>
<b>9&amp;10 Girls</b>	<b>11 for 15</b>	<b>73%</b>	<b>9&amp;10 Boys</b>	<b>6 for 10</b>	<b>60%</b>
<b>11&amp;12 Girls</b>	<b>9 for 15</b>	<b>60%</b>	<b>11&amp;12 Boys</b>	<b>17 for 21</b>	<b>81%</b>
<b>13&amp;O Girls</b>	<b>15 for 32</b>	<b>47%</b>	<b>13&amp;O Boys</b>	<b>3 for 5</b>	<b>60%</b>
<b>Total Girls</b>	<b>39 for 67</b>	<b>58%</b>	<b>Total Boys</b>	<b>30 for 42</b>	<b>71%</b>
<b>Team Total</b>			<b>69 for 109 63%</b>		

**Swimmers with 2 for 2 best time swims:** Sophia Ferraguto / Albert Schoenborn  
Hannah Clary / Leah Sanderson / Lindsey Mangiafico / Corinda Sanford / Tommy Wejda  
Sebastian Kajda / Connor Recck / Kyra Daigle / Viet Dau / Igor Ugrak / Nick Baruffi  
Anthony Kulowski / Dorian Zawisza / Willie Taylor / Kristen Lundebjerg / Carly Cruff  
**Swimmers with 2 for 3 best time swims:** Kamil Wiczerzak

**Swimmers with :05 or more time drops:** Sophia Ferraguto :05 25fr & :07 25bk  
Azya Bass :06 25bk / Albert Schoenborn :40 50fr / Lauren Ferraguto :20 100fr  
Corinda Sanford :05 50bk / Connor Recck 06 100IM / Tommy Wejda :05 100fr  
Sebastian Wejda :07 50fly / Kyra Daigle :09 50br / Veronika Latawicz :05 50br  
Bridget Austin :13 100fr / Viet Dau :09 50fr / Igor Ugrak :07 100fr / Anthony Kulowski  
:24 100fr / Willie Taylor :06 100fr / Wojtek Kajzer :07 50bk

**Swimmers of the Meet:**  
**SOPHIA FERRAGUTO**  
**CORINDA SANFORD**  
**CONNOR RECCK**  
**ALBERT SCHOENBORN**

**UP NEXT: NSC vs West Hartford Saturday 12/19/09**  
Look for a meet info sheet in your family folder one week before the meet.