

Newington SC, INC
Team Policies and Procedures Agreement

Team Policies

- Practice discipline procedure:
 - 1st Warning - Swimmers name will be written on the dry erase board.
 - 2nd Warning - A check will be placed next to the swimmer's name and
A consequence will have to take place after practice
(i.e.; 200 Fly or PIGS).
 - 3rd Warning - Swimmer will be dismissed from practice, asked to get changed
and come back down to the pool. Parents will be called.

Meet Information

If you cannot attend a scheduled meet please give a note to Coach Mark no later than the **Thursday** before the scheduled meet. When swimmers are no-shows strategies are lost, relays are scratched, and the swimmers who did show up lose the opportunity to swim.

No-show Policy

- 1st Offense - Phone call from Club President,
- 2nd Offense - Swimmer will not swim in the next scheduled meet and
a phone call from Club President,
- 3rd Offense - Swimmer will not swim in any remaining meets including
Championships and a phone call from Club President

Please detach at line. Keep top portion for you record. Bottom portion goes to Newington Swim Club

I have read the policies and procedures stated above and understand that these policies and procedures will be strictly enforced by the Newington Swim Club coaching staff and Board of directors.

Parents(s)

Swimmers(s)
